

# Travel packing checklist for her

## *Space saving hacks and products*



### Packing accessories

*Use a few helpful packing organisers to simplify packing and unpacking*

- Packing cubes for clothes
- Drawstring makeup bag
- Toiletry bag
- Toiletry bottles
- Shoe bags
- Extra bag for laundry

### Technology

- 2 multi-socket travel adaptors (or 5 singles)
- 1 phone charger

*Optional extras:*

- Camera
- Camera charger
- Memory card
- Laptop
- Laptop charger
- eReader or Kindle
- Portable power bank
- Small sewing kit

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### Clothes

*Create a compact wardrobe by choosing tops that can be mixed and matched with different bottoms*

- 7 tops (day to night)
- 3 trousers, shorts or skirts
- 2 dresses
- 1 light cardigan
- 1 coat

### Shoes

*Choose one pair of neutral shoes for the day and one for the evenings*

- 1 pair of day shoes/sandals
- 1 pair beige or black evening shoes

### Underwear/Nightwear

- 8 underpants
- 8 pairs of socks
- 3 bras
- 4 nightgowns

### Accessories

- Scarf or summer shawl
- Daytime bag
- Nighttime clutch
- Hat
- Belt
- Glasses or contact lenses

# Travel packing checklist

*Together with space-saving packing hacks*



## Toiletries

*Decant these into pouches or small bottles where possible, like [these here](#).*

- Shampoo
- Conditioner
- Shower gel or soap
- Toothbrush
- Toothpaste
- Dental floss
- Make-up remover wipes
- Deodorant
- Hairbrush
- Sun cream
- Body moisturizer
- Face moisturizer
- Prescription medication

### *Optional extras:*

- Contact lens cleaning solution
- Handwash detergent for baby's bibs and clothes
- Contraception
- Sanitary pads or tampons

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## Make-up bag

*Try to take only the items you need for your favourite day and night look*

- Concealer
- Foundation (small pot)
- Rouge or bronzer
- Eye shadow palette
- Lipstick or gloss
- Mascara
- Eyeliner

## Hair

- 5 hair bands
- 3 hair clips
- 10 Bobbi pins
- 1 small hair brush
- 1 small mirror
- 1 travel hair dryer or hair straightener

## Beauty extras

- Tweezers
- Nail scissors
- Nail filer

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## First aid kit

*Make your own travel first aid kit with everything you need. Some suggested items to include are:*

- Paracetamol
- Ibuprofen
- Antihistamine
- Antiseptic wipes or spray
- Alcohol preps
- Bite or sting cream or spray
- Plasters
- Sterile dressing
- Imodium
- Safety pins
- Saline ampules (for eyes or nose)
- Throat spray or lozenges
- Travel thermometer
- Tweezers
- Scissors

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## Extras summer holidays

- Sunscreen
- After Sun
- Insect repellent
- Sunglasses
- Sunhat
- Hammam towel

## Extras winter holidays

- Warm waterproof coat
- Winter hat
- Gloves
- Neckwarmer or scarf
- Thermals
- Snow gear

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